

BASIC-FIT PRESS RELEASE

Hoofddorp, 15 April 2026

BASIC-FIT RECEIVES APPROVAL TO OPERATE STAFFLESS 24/7 CLUBS IN FRANCE

Basic-Fit, Europe's largest and fastest growing fitness chain and franchisor announces today that it has received confirmation from French public authorities that it can operate 24/7 clubs staffless in France under the Article PE 27 (1) revised amendment.

Under this revised amendment, Basic-Fit believes that approximately 200 of its French clubs will immediately qualify for 24/7 unstaffed operations. As of May 2026, Basic-Fit will transition 50 staffed clubs to the unstaffed model, adding a further 150 unstaffed clubs throughout 2026. Based on the specifics of the regulation amendment we expect to achieve annualised cost savings of approximately €10 million. We expect that, over time, further amendments will lead to additional cost savings.

For 100 clubs already in the current 24/7 staffed model that do not satisfy the Article PE (1) criteria, Basic-Fit has elected to keep these clubs staffed. The Company will consider the possibility of a permanent staffing solution. Furthermore, additional clubs will be added to the 24/7 portfolio in due course.

Sports halls and gyms that wish to operate staffless must conform to specific conditions as set out in Article PE 27 (1), which include¹:

- Open access is located on the ground floor of a building only. All other floors must be inaccessible during unstaffed hours
- A remote monitoring device must be installed in all open access areas
- A maximum of 19 people are allowed in a club at any time during unstaffed hours
- Entrance and use of the club must be made via a registration system during unstaffed hours.

With this opportunity, Basic-Fit further strengthens its leadership position in a sector where the Company has often been the pioneer through its innovations, becoming a benchmark for the entire industry.

¹ This is not an exhaustive list of requirements necessary to operate unstaffed 24/7 clubs in France. Those most important to Basic-Fit have been mentioned.

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FOR MORE INFORMATION :

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Basic-Fit is listed on Euronext Amsterdam in the Netherlands
ISIN: NL0011872650 Symbol: BFIT

FINANCIAL CALENDAR

CMD 2026	21 April 2026
AGM 2026	6 May 2026
Half-year 2026 results	28 July 2026
Q3 2026 trading update	21 October 2026

ABOUT BASIC-FIT

With more than 2,150 clubs, Basic-Fit is the largest fitness operator and franchisor in Europe. The company operates in twelve countries via two brands and has more than 5.8 million memberships. On a daily basis, members can work on improving their health and fitness in our clubs. Basic-Fit operates a straightforward membership model and offers a high-quality, value-for-money fitness experience that appeals to the fitness needs of all people who care about their personal health and fitness.

FORWARD-LOOKING STATEMENTS / IMPORTANT NOTICE

Some statements in this press release may be considered 'forward-looking statements'. By their nature, forward-looking statements involve risk and uncertainty because they relate to events and depend on circumstances that may occur in the future. These forward-looking statements involve known and unknown risks, uncertainties and other factors that are outside of our control and impossible to predict and may cause actual results to differ materially from any future results expressed or implied. These forward-looking statements are based on current expectations, estimates, forecasts, analyses and projections about the industry in which we operate and management's beliefs and assumptions about possible future events. You are cautioned not to put undue reliance on these forward-looking statements, which only express views as at the date of this press release and are neither predictions nor guarantees of possible future events or circumstances. We do not undertake any obligation to release publicly any revisions to these forward-looking statements to reflect events or circumstances after the date of this press release or to reflect the occurrence of unanticipated events, except as may be required under applicable securities law.